FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL									
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* Liu Suying (Last) (First) (Middle) 311 WEST 43RD STREET, 12TH FLOOR					- M M 3. I	Issuer Name and Ticker or Trading Symbol Mountain Crest Acquisition Corp II [MCADU] 3. Date of Earliest Transaction (Month/Day/Year) 01/12/2021							(Ch	telationship of Reporting Person(s) to Issuer eck all applicable) X Director X 10% Owner X Officer (give title below) Delow) Chief Executive Officer					
(Street) NEW YO			10036 (Zip)		4. 1	4. If Amendment, Date of Original Filed (Month/Day/Year)								Individual or Joint/Group Filing (Check Applicable ne) X Form filed by One Reporting Person Form filed by More than One Reporting Person					
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																			
1. Title of Security (Instr. 3) 2. Transact Date (Month/Day					Execution Date,				es Acquired (A) or Of (D) (Instr. 3, 4 and 5)		5. Amount of Securities Beneficially Owned Following Reported		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership (Instr. 4)				
								Code	v	Amount	(A) or (D)	Price	Transaction	nnsaction(s) str. 3 and 4)			(111341. 4)		
Common Stock 01/12/2				2/2021	2021		P		135,000	1) A	\$10	1,566,500		I		See Footnote ⁽²⁾			
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemo Execution if any (Month/Da	Date,				Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s)		10. Ownersh Form: Direct (D or Indirec (I) (Instr.	Beneficial Ownership tt (Instr. 4)			
					Code	v	(A)	(D)	Date Exercisa	able	Expiration Date	Title	Amount or Number of Shares	(Instr. 4					
Rights to purchase Common Stock	\$0	01/12/2021			P		135,000		(3)		(3)	Common Stock	13,500	(1)	135,0	000	D ⁽⁴⁾		

Explanation of Responses:

- 1. The reporting person acquired units, consisting of shares and rights.
- 2. Shares owned by Mountain Crest Capital LLC, over which Suying Liu shares voting and dispositive power.
- 3. The rights automatically convert into one-tenth (1/10) of a share of common stock upon the consummation of the registrant's initial business combination, as described in the registrant's prospectus filed with the SEC.
- 4. Rights owned by Mountain Crest Capital LLC, over which Suying Liu shares voting and dispositive power.

/s/ Suying Liu

01/13/2021

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.